

Instructions for FTP upload (if you are using Windows)

Select and copy the link below:

<ftp://54337ieeeiswc:ieeeiswc@ftp.omnipress.com>

On your desktop, double-click 'My Computer'. Paste the link you copied above into the 'Address Bar'. If you do not have an address bar, go to the 'View' menu and select 'Toolbars', then 'Address Bar'.

If asked for a username and password (*note the single "i" in the password and username*), use the following:

Username: [54337ieeeiswc](#)

Password: [ieeeiswc](#)

Instructions for FTP upload (using Macintosh or another operating system)

You will have to use an FTP software such as Cyberduck (<http://cyberduck.ch>), CuteFTP, Fetch, or Transmit.

Use these settings in your FTP application:

Server Name (or Address): [ftp.omnipress.com](ftp://54337ieeeiswc:ieeeiswc@ftp.omnipress.com)

Use the username and password above.

Unable to Connect or Transfers Timing Out?

Please visit our FTP Help web site (<http://www.omnipress.com/ftp-help>).

How to use Omnipress FTP

1. Open both the FTP window and your file window
 2. Minimize both windows so that you can view both on your monitor at once without the two windows over-lapping each other
 3. Copy and paste or "click and drag" your file(s) into the FTP folder window
 4. For files larger than 20MB, we recommend that you "zip" or compress the files in a folder using programs like WinZip for Windows (<http://www.winzip.com>), PowerArchiver for Windows (<http://www.powerarchiver.com>), or the 'Create archive' feature in Mac OS X
 5. When finished, please call or email me so that I know you have completed the transfer
- NOTE: I will not check your FTP folder until I hear from you